

# RESOURCE GUIDE



Office of  
Mental Health



## Chenango County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

### Crisis Services & Support

#### Mobile Crisis (The Neighborhood Center)

24/7 hotline to call in moments of mental health crisis.

(844) 732-6228

Crisis counselor can assess your needs over the phone.

#### Supportive Crisis Residence (MHA of Southern Tier)

Home-like setting for short-term crisis respite stays.

295 Clinton St, Binghamton, NY 13905

(607) 771-8888 (option #2)

Call anytime to refer self. 6-bed capacity, can stay up to 28 days. Around the clock peer support. Ages 18+.

#### Southern Tier Mobile Integration Team (MIT)

Team offers around the clock crisis services.

**Main Line:** 1 (844)-HELPMIT

**24-Hour Crisis Line:** 1 (877) 369-6699

Call to inquire about services during business hours or call the crisis line anytime when in a crisis.

#### Chenango County Department of Social Services

5 Court St, Norwich, NY 13815

**Main Line:** (607) 337-1500

**Emergency Line:** (607) 334-2000

**Hours:** Mon-Fri, 8:30 am-5 pm. If it's after hours and no one answers the emergency line, call **211**.

### Mental Health Treatment & Rehabilitation

#### Chenango County Behavioral Health Services

Outpatient clinic.

5 Court St, Suite 42, Norwich, NY 13815

(607) 337-1600

**Hours:** Mon-Thurs 8:30 am-6 pm, Fri 8:30 am-5:30 pm

Call to inquire about intake.

#### Community Treatment and Recovery Center

Outpatient clinic with walk-in capability.

425 Robinson St, Binghamton, NY 13904

(607) 797-0680

**Hours:** Mon-Fri 8 am-4 pm **Walk-in Hours:** Mon-Fri 10 am-11 am, 2 pm-3 pm (therapy session, no med mngmnt)

#### Catholic Charities of Chenango County

Flexible counseling services provided by agency.

3 O'Hara Dr, Norwich, NY 13815

(607) 334-8244

**Hours:** Wednesdays & Thursdays, 9 am-4 pm. Call to inquire about scheduling. Appointments available.

#### Chenango County Single Point of Access (SPOA)

(607) 337-1600

Call between 8:30 am and 4:30 pm Monday—Friday.

Program connects you with a variety of mental health resources. Even just calling can be very informative.

Available for adults and children.

## Peer Support Services

### Chenango Club

Informal, group-focused setting for mutual recovery.

103 Leilani's Way, Norwich, NY 13815

(607) 337-1892

**Member Hours:** Mon-Fri 9 am-3pm. Call for more info.

Must have prior/current county clinic involvement.

### Sunrise Wellness (MHA of the Southern Tier)

Loosely structured group support and mental wellness.

47 Broad Ave, Binghamton, NY 13904

(607) 711-8888 (option #0) for self-referral.

(607) 644-2557 for all other inquires.

**Hours:** Monday—Friday, 9 am—4 pm.

### Southern Tier Mobile Integration Team (MIT)

Group offers peer support services as needed.

1 (844)-HELPMIT

Community or home-based peer services can be utilized on an as needed basis.

## Addiction or Substance Use Treatment and Support

### Chenango County Behavioral Health Services

Outpatient clinic with substance use services.

5 Court St, Suite 42, Norwich, NY 13815

(607) 337-1600

**Hours:** Mon-Thurs 8:30 am-6 pm, Fri 8:30 am-5:30 pm

Call to inquire about intake.

### MATTERS Network

Substance use and peer support services.

(765)-MATTERS

Telehealth appointments available daily 11 am—11 pm.

They can prescribe or refer out to local outpatient resources.

### Addiction Center of Broome County

Outpatient substance use services.

103 Leilani's Way, Norwich, NY 13815

(607) 304-5501

**Hours:** Monday—Friday, 9 am—5 pm

Call to inquire about services.

### Alcoholics Anonymous (AA):

**Triple Cities Intergroup:** (607) 722-5983

**Cortland-Homer Intergroup:** (607) 261-5848

**Narcotics Anonymous (NA):** (315) 847-3842

Call 24/7 for information on groups Chenango County.

**OASAS 24-Hour Hopeline:** 1 (877)-8-HOPENY

## Other Services

### Health Homes of Upstate New York (HHUNY)

Care management service provided by Circare.

(855) 613-7659

Eligibility is contingent on having two chronic conditions

**OR** a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

### Care Compass Collaborative

Social care network.

(607) 352-5261

**Hours:** Monday—Friday, 8:30 am—5 pm

Call to inquire about being connected to a network of professionals who can help manage your care.

For More Resources, Please Visit the [Chenango & Delaware Counties Systems of Care Website:](#)



To find more mental health programs and services, visit our website at: [www.omh.ny.gov](http://www.omh.ny.gov)



BeWell.ny.gov

